

Student Success Winter Newsletter



SPOTLIGHT

Career Services
and Student Futures



GIVING BACK

Asian Pacific Islander
Student Union (APISU)



PEOPLE

Students: Jay Jay Porcadilla
and Phillip Oke-Thomas
Staff: Yvonne Weeres



RECIPE

On-the-Go
Fruit and Yogurt Parfaits



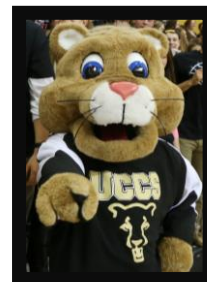
NEW DIVISION INTERIM LEADERSHIP

Carlos García, M.A., CASP
Megan Bell, Ph.D.



SHOUT-OUTS

Recognitions, Awards
and Graduation



SPOTLIGHT

Career Services and Student Futures



The Career Services Staff and Student Employees celebrate the end of the Fall semester.

Five Fast Facts

- 1) Launched the JCPenney Suit-Up event with 360 students, alumni, faculty, and staff in attendance.
- 2) 906 students attended Fall '18/Spring '19 Fairs.
- 3) Career Services job board had 930 log-ins.
- 4) 12.6% of individual appointments were with UCCS alumni.
- 5) Host weekly drop-in appointment at the McCord-Herbst Student Veteran Center to expand our outreach to veteran students.

Located in Cragmor Hall, Career Services is here to answer any career related questions you may have. Career Services offers students and alumni resume and cover letter reviews, career assessments, job search guidance, and a one-on-one career counseling.

Career Services partners with different colleges within UCCS to coordinate more outreach opportunities for students. They also provide career exploration for those students who are not quite sure of which degree program to pursue.

Throughout the year, Career Services connects students and alumni with local employers through various events across campus. Some of these events include; career fairs, employer visits, and etiquette dinners to name a few. They also help coach students on how to make the best first impression.

To help students look career ready, they host a JCPenney Suit-Up Event every semester where students, alumni, faculty and staff can receive up to 40% off their professional attire purchase. Students and alumni are also able to take advantage of Clyde's Closet within the Career Services Office. Clyde's Closet provides students/alumni up to 6 items for free, each semester.

Did you know that UCCS has a MOU (Memo of Understanding) with the other CU campuses that allows UCCS students and alumni to attend Career Fairs at the CU Denver and CU Boulder campuses for no cost? Click [here](#) to learn more.

**DONATE OR STOP BY CLYDE'S CLOSET
LOCATED IN CRAGMOR 101**

GIVING BACK



Asian Pacific Islander Student Union (APISU)

APISU is a student club at UCCS that is open to all students regardless of race and ethnicity. The club focuses on breaking down stereotypes, learning about different cultures and making new friends. APISU President, Emily Nguyen, is serving her second year of her three-year leadership role. She explained that the three main objectives of the club revolve around social events, cultural learning, and service.

Every fall, APISU hosts the *Raging Asian Cultural Event (RACE)*. This event showcases different countries, and one member has compared it to an “Asian science fair.” The club members are divided into different groups and research the different countries in order to talk about them at the event.

Every spring, they host the *FUSION* event (April 10, 2020). At this event, there are different modern and traditional performances that bring awareness to the obstacles of being Asian American. Last year this event won a *Mountain Lion Excellence Club Award* and a *ROAR Award for Diversity Program* of the year.

As mentioned, another huge component of this club is service. Both now and in the past, APISU has given back in more ways than one. Recently, they volunteered at the UCCS Cool Science Fair and the Day of Action Concert. As part of their mission, they serve as mentors to other multicultural clubs in how to navigate hosting events. Emily says that her vision for the club is to be inclusive and a big family for all its members.

In order to stay updated on the events and meetings coming up, be sure to follow APISU on Facebook at [Asian Pacific Islander Student Union of UCCS](#).



PEOPLE

JayJay Porcadilla and Phillip Oke-Thomas | Student Government Association SGA President and Vice President

JayJay Porcadilla, Student Body President, will graduate in May 2020 with a major in Communication and a minor in Marketing. After graduation, JayJay plans to work in a hospital as a communication specialist or event coordinator. Phillip Oke-Thomas, Student Body Vice President, will graduate in May 2020 with a major in Political Science and a minor in Political Economy. After graduation, Phillip is hoping to head East to attend grad school in the area of international global politics and diplomacy.



When asked why they believe students should join the SGA, JayJay said, “to be a part of something bigger and better” and Phillip said, “to represent other students and influence change.” They attribute their success as leaders to JayJay’s creativity and Phillip’s political passion. JayJay explained that they ground and balance each other and that is what has made their efforts so successful. Student involvement has increased from last year and they look forward to seeing their efforts reflect in the future generations of UCCS students.

Yvonne Weeres | Program Assistant for Academic Advising

Yvonne Weeres is a UCCS alum with her Bachelor’s in Communication. Prior to her current position at UCCS, she spent 19yrs working for the local Pepsi franchise. She started as the receptionist and worked her way up to the Marketing Department. During this time, the company was locally owned by the Lane family. You may recognize the name of the owners because the *Lane Center* on campus is named after them.



Yvonne always knew she wanted to return to UCCS for her future career because of the vast opportunities and excellent resources the campus provided. Her advice to our students is, “do your best in your classes and never be afraid to ask questions. UCCS staff is here to assist you on your journey to your career.”

Fun facts about Yvonne:

- Has won two free trips through a local radio station; one to Puerto Vallarta and the other to Aruba.
- If she could travel anywhere in the world today, she would travel to Australia.
- She has volunteered at the Cheyenne Mountain Zoo since 1996.
- She has two wonderful cats named Taz and Tigger.
- She titles herself as a crime show junkie.
- She likes to maintain an active lifestyle.
- Her daily average steps tracked on her Fitbit is around 15,000!
- Yvonne is also a committed member of Orange Theory and is one of three people in Colorado Springs to have attended 1,000+ classes.

RECIPES

Mixed Berry Yogurt Parfaits | Breakfast Prep for the Week

What you will need:

- 6 cups of your favorite yogurt
- 3 cups granola
- 3 cups of your favorite fresh fruits
- Small Ziploc bags
- 6 small plastic food storage containers with lids or mason jars

**The dollar store had little containers and bags*

Let's prep:

1. Start with a ½ cup layer of yogurt in each container.
2. Place ¼ cup of fresh fruit on top of the yogurt layer.
3. Repeat with another layer of yogurt and fruit.
4. For this step, you can either put your granola on top or place ¼ cup in a bag (6 bags total).
**I used bags to keep the granola crunchy*
5. Place your lids on your containers and stack your parfaits in your fridge.



NEW DIVISION INTERIM LEADERSHIP

Carlos García, M.A., CASP, Interim Vice Chancellor for Student Success

Megan Bell, Ph.D., Interim Assistant Vice Chancellor for Student Success

**please visit our [website](#) for the new interim structure*

SHOUT-OUTS

AWARDS

Orientation Guide and Calendar won the 2019 [AHEPPP](#) Excellence in Publication and Resources Award

Office of First Year Experience and the Orientation Office

Rocky Mountain Farmers Union Award, *The Excelsior Food and Farm Center*

Nanna Meyer, Dining and Hospitality Services and Associate Professor, Dept of Health Sciences

The Experiences of Resident Advisors (RAs) Facilitating Social Injustice Interactions in the Residential Curriculum Model. *Association of College and University Housing Officers*

Megan Bell, Interim Vice Chancellor for Student Success and **Patricia Witkowsky**, Student Affairs

RECOGNITIONS

Co-presented on *Accommodating for Pregnancy and Parenting Students* at the national [AHEAD](#) conference and had their presentation featured in the October 2019 edition of *Disability Compliance for Higher Education*.

Ida Dilwood, Disability Services and University Testing and **Amanda Allee**, OIE

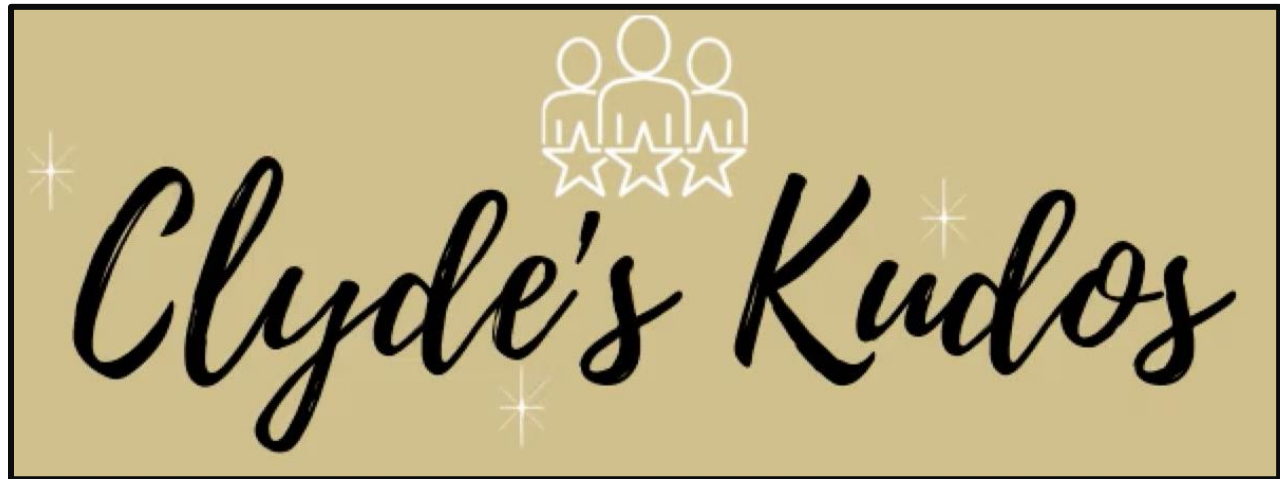
Earned the designation of *Certified Auxiliary Services Professional (CASP)*, awarded by [NACAS](#).

Robin Margolin, Dining and Hospitality

DIVISION FALL GRADUATES

Jerome Young, Military and Veteran Affairs, MA in Public Administration

Krista Herring, Campus Recreation, MA in Leadership with Concentration in SAHE



Staff Association is excited to announce **Clyde's Kudos**: a new, informal recognition program to promote positive morale and staff engagement.

If you would like to recognize a staff member for a positive contribution to UCCS, give a kudos!

Staff are invited to **submit kudos** at any time.

Examples of kudos-worthy actions:

- Going above and beyond to help a fellow coworker or student
- Performing actions outside of job scope
- Picking up trash on campus grounds, just because
- Encouraging recycling in your office
- Demonstrating an infectious positive attitude
- Taking initiative
- Voluntarily helping a co-worker complete a task
- Random acts of kindness

UPCOMING UCCS HOME GAMES

FRIDAY, JAN. 10

W. Basketball vs. Fort Lewis College | 5:30 p.m.

M. Basketball vs. Fort Lewis College | 7:30 p.m.

Gallogly Events Center

UCCS Faculty, Staff and Students receive FREE admission to all regular season home games!*

**Must have a valid UCCS ID*

Newsletter Staff Volunteers: Heather Allen and Claire Ami